Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Thursday 10 Mar 2022 until 23:59 on Friday 11 Mar 2022

Forecast Issued on Wednesday 09 Mar 2022 at 16:48 by Met Office Aberdeen

Confidence: High for generally poor conditions Thursday morning, improving in the afternoon, but uncertainty in northern extent of cloud and timing of improvements. Moderate for Friday and Saturday, main uncertainty in timing and extent of any heavier rain on Friday, and showers on Saturday. Low for Sunday and Monday.

Headline for Thursday 10 Mar 2022: Low cloud and drizzle in the morning, dry with some sunshine in the afternoon. Strong winds.

Mountain weather hazards on Thursday 10 Mar 2022

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
Low Likelihood

Severe chill effect
Medium Likelihood

Poor visibility
Medium Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Light rain	Light rain	Drizzle	Light rain	Light rain	Sunny intervals	Sunny intervals	Partly cloudy (night)
Precipitation probability							
50%	50%	50%	60%	50%	20%	10%	<05%

Forecast for Thursday 10 Mar 2022

Weather: Extensive hill fog and patchy light drizzle through the early hours and morning, but little if any rain across Assynt and the far north. Turning dry early afternoon, cloud then lifting and breaking giving some sunshine form mid-afternoon. Clear spells to start the night, but cloud may increase near the Great Glen towards midnight.

Chance of cloud-free hill tops above 800m: 10% in the morning, 80% by mid-afternoon

Low cloud and visibility: Very poor with extensive cloud down to 500m in the south, 700m in the north. Becoming good by mid-afternoon with cloud lifting and breaking to leave summits largely clear of cloud.

Check our weather forecast every day to get the most accurate and up to date information
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Forecast for Thursday 10 Mar 2022

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	9/11 SE	15/18 SE	28/33 SE	35/41 SE	28/34 S	34/42 S	41/50 S	40/48 S	44/53 S
900	9/11 SE	15/19 SE	25/30 SE	31/37 SE	25/32 S	32/40 S	38/46 S	34/43 S	39/48 S
600	8/10 SE	8/12 E	20/25 SE	20/26 SE	20/27 S	26/34 S	26/35 S	25/33 S	23/32 S
300	3/6 E	5/15 E	2/18 E	2/22 SE	4/22 S	8/27 S	5/27 S	4/27 S	5/36 S
Glen	5/7 E	10/15 E	10/17 E	6/17 SE	8/18 S	9/21 S	8/22 SE	15/34 S	13/32 SE

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	-2/-6	-2/-8	-1/-9	1/-7	1/-6	-0/-9	-1/-10	-2/-12	-2/-12
900	-1/-6	-1/-7	-1/-8	1/-6	2/-5	0/-8	-0/-9	-1/-10	-1/-11
600	1/-3	1/-3	1/-4	3/-2	4/-2	3/-4	2/-4	1/-6	1/-6
300	1/-1	1/-2	2/-0	4/3	5/4	6/3	4/2	3/1	3/0
Glen	4/2	4/0	5/1	7/5	7/4	8/6	6/4	6/1	5/1
Freezing Level*	500m	600m	1200m	1400m	1200m	800m	700m	600m	500m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View

Strong winds across the tops combined with rain, drizzle and sleet will give a notable chill effect. Very poor navigation conditions through the morning, improving in the afternoon, but note the lowering freezing level and summit gales.

Forecast for Friday 11 Mar 2022

Weather: Southern ranges cloudy with showery outbreaks of rain, these occasionally heavy, some sleet or wet snow on the higher summits. Skye and ranges further north likely to be largely dry

Maximum wind: Southeast 35-40 mph gusting 50 mph, easing to 30 gusting 40-45 mph late evening.

Chance of cloud-free hill tops above 800m: 40% in the south and east, 60% in the northwest

Low cloud and visibility: Many ranges often very poor in cloud, bases around 700-800m for much of the day, occasionally lifting to around 1000m. Cloud more broken across Assynt and the far northwest, occasionally lifting above the summits.

Temperature: **Glens:** Plus 3 Celsius rising to 10 Celsius.
At 800m: Plus 2 Celsius rising to 4 Celsius.
Freezing level: Just above the summits.

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